

Open

Day



ATU Mayo

Wednesday
12th March

10:00am – 1:00pm

atu.ie/opendays




Online Individual bookings
Book your place at www.atu.ie/openday

Refreshments


Students are welcome to bring a packed lunch or avail of snacks, lunch and refreshments in our canteen.



Scan the QR code to download the 'Mazemap' to find your way around campus



PUBLIC TRANSPORT
For all the latest transport information, check out Transport for Ireland:
journeyplanner.transportforireland.ie



PARKING
Free and ample parking available on ATU Mayo campus for this event.

 Bus Stop on old Westport Road directly outside entrance to ATU Mayo



Information Stands 10:00am to 1:00pm

Information Stand	Location
Access & Participation HEAR, Scholarships, Financial Support	Western Reception
Applied Social Care	Western Reception
Apprenticeships	Western Reception
ATU Mayo Students Union (SU)	Western Reception
BB (Hons) in Argi - Business	Western Reception
Community Development and Youth Work	Western Reception
Early Childhood Education and Care	Western Reception
EU Green	Western Reception
General Nursing	Western Reception
History & Geography	Western Reception
Mental Health Nursing	Western Reception
BA Outdoor and Environmental Education	Western Reception
Bachelor of Science in Psychology	Western Reception
Student Services	Western Reception
Tertiary Education	Western Reception
Mayo Recovery College	Western Reception
DARE Personal advice	R107



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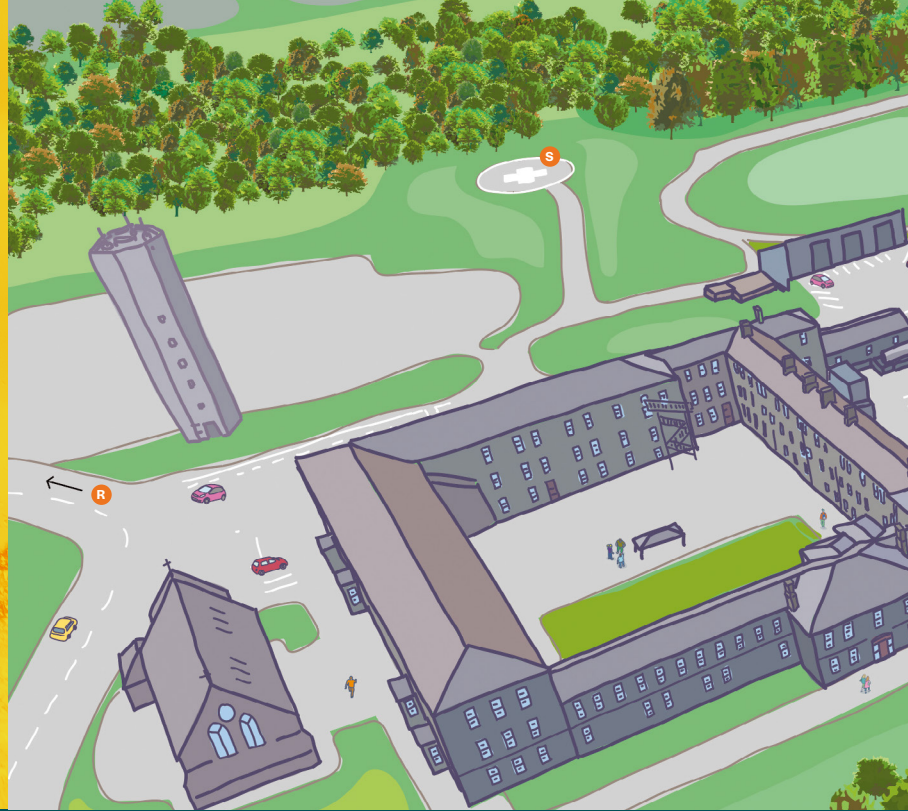
Atlantic
Technological
University

For those with accessibility or additional requirements, who would like to avail of assistance or supports on the day, please contact StudyMayo.galwaymayo@atu.ie before Monday 10th March, 2025.

www.atu.ie/openday



Experience what ATU Mayo has to offer



Considering ATU Mayo?

Meet current students and lecturers while experiencing demos on a range of CAO programmes at ATU Mayo.

Don't miss:

- Demonstrations and Activities
- Programme talks
- Students' Union
- Grant & financial support info
- Learning and disability support info
- Campus tours
- ATU goodie bags



Time	Talks, Demonstrations, and Interactive Experiences	Location
Welcome to ATU Mayo		
<ul style="list-style-type: none"> ▪ Registration & Information ▪ Meet the Head of School, Heads of Department and other staff ▪ Sign up for activities and campus tours 		
	Early Childhood Education & Care Workshop A visit to the Early Years Studio	B019 (ECEC studio)
10:30am	Psychology Talk: Why dive into the exciting world of psychology at ATU Mayo by Elaine McHugh	P009
10:00am – 10:30am, 11:15am – 11:45am, 12:15pm – 12:45pm	Mental Health Nursing Talk: Fundamentals of the 4 year degree programme (20 mins plus Q&A)	P110
10.45am, 11.45am	Mindfulness and mental health	P205
10:00am – 10:30am, 11:15am – 11:45am, 12:15pm – 12:45pm	General Nursing Talk: Fundamental nursing principles of the 4 year degree programme (20 mins plus Q&A)	P002
	Restart a heart	Main Reception
	CPR demos and practice	Seating area near P107
	Nursing demonstration/participation	Upstairs skills lab (P102)
	Hand hygiene, vital signs assessment	Downstairs skills lab (Y011)



Legend

- A** Reception & Main Entrance
- B** ATU Mayo Clock
- C** West Entrance
- D** Nursing Skills Lab
- E** St. Mary's Hall
- F** Early Childhood Lab
- G** Heritage Lab
- H** Sanctuary Garden
- I** Climbing Wall
- J** University Greenhouse
- K** Courtyard
- L** Library
- M** South Entrance
- N** ATU Sports Pitches
- O** iHub
- P** Centre for Nursing & Midwifery Education
- Q** Mayo Education Centre
- R** Mayo University Hospital
- S** Helipad
- T** Students' Union
- X** Canteen
- Pd** Pay & Display
- P** Parking (Permit)
- V** Visitors Parking

Time	Talks, Demonstrations, and Interactive Experiences	Location
11:00am	<p>History & Geography</p> <p>Talk: Studying History and Geography at ATU Mayo by Dr Fiona White</p> <p>Activity</p> <p>Genealogy: Discover your Family History</p>	<p>Y002</p> <p>Ground Foyer outside St. Mary's Hall</p>
11:00am and 12:00pm	<p>BA in Outdoor and Environmental Education</p> <p>Talk: Adventurous Learning – The BA in Outdoor and Environmental Education by Orla Prendergast</p>	P005
10:30am, 11:30am and 12:30pm	<p>The extraordinary story of Ireland's mammals using animals: In this demonstration, students will use 6 amazingly realistic ethical taxidermy animals to tell the story of their lives, their habits and how the modern world is impacting them. This demonstration will be given by 3rd year students.</p> <p>Experiential Education in action - decomposition in nature activity by 3rd year students.</p> <p>Rock climbing wall - the 'fundamentals of movement' by 3rd year students.</p> <p>Ever wanted to learn how to stand up on a surfboard - learning the pop-up technique by 3rd year students.</p> <p>Understanding team dynamics through group initiative tasks by 3rd year students.</p>	<p>B107 (Heritage Lab)</p> <p>B107 (Heritage Lab)</p> <p>Climbing Wall</p> <p>Outside (Area 15 in case of rain)</p> <p>Outside (Area 15 in case of rain)</p>

Time	Talks, Demonstrations, and Interactive Experiences	Location
11:00am	<p>Mayo Recovery College Workshop</p> <p>Mayo Recovery College Workshop Join us for an Introduction to Recovery Education & Transformative Learning. This is a supportive environment where participants explore mental health, recovery, personal growth and wellness. Through interactive learning, peer connection and practical tools, it encourages resilience and positivity.</p>	P105
	<p>Moore Library</p> <p>Visits to the Mayo University Library (Moore Library)</p>	

